

PLEASE JOIN US FOR THE

Alabama Behavioral Healthcare Conference

2026



Wednesday, November 4th
Thursday, November 5th
SHERATON BIRMINGHAM

2101 RICHARD ARRINGTON JR BLVD N,
BIRMINGHAM, AL

[CLICK TO REGISTER](#)



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6 CEUs Provided:

**Nursing, Social Work, Psychology, Counseling,
Marriage and Family Therapy**

For questions, contact Katie at
katie@alabamacouncil.org

Alabama Council
ACBH for Behavioral Healthcare
Solutions for Healthy Minds and Whole Health

Alabama Behavioral Healthcare Conference

2026



WEDNESDAY AGENDA

Opening Plenary
Featuring Kody Green
3:00-4:00 PM

Welcome Reception
4:00-5:30 PM



MH/SU TRACK SCHEDULE

Registration starts at 7:30 AM



Navigating Mental Health, Ethics, and Practice in the Age of AI

Dr. Connie Couch, PhD, LPC
The University of Montevallo

8:30 AM

Brief Interventions that Fit the Real World: Relaxation Skills for Mental Health Care

Dr. Kevin Karl, PhD
The University of Alabama-Birmingham

10:15 AM

LUNCH

An awards ceremony recognizing professionals will take place at 12:45 PM

11:45 AM

School-Based Mental Health Care and Multi-tiered Systems of Support

Dr. June Preast, PhD, NCSP
The University of Alabama

1:15 PM

Jobs Worth Having, Keeping, and Growing In: Building Alabama's Workforce

Dr. Kelsey Brock, Senior Advisor
The National Council for Mental Wellbeing

3:00 PM

ID/DD TRACK SCHEDULE

Registration starts at 7:30 AM



**Beyond the Behavior: Understanding
Autism, Anxiety, and Challenging
Behaviors**

8:30 AM

Dr. Stacy Ladden, PsyD, BCBA-D
Behavioral Pediatric Institute of Alabama

**Clinical Pearls in IDD Healthcare:
Understanding Behavioral Clues**

10:15 AM

Daleigh Tallent, MSN, RN, CDDN
IntellectAbility

LUNCH

*An awards ceremony recognizing professionals will
take place at 12:45 PM*

11:45 AM

**Applied Behavior Analysis Shifts
Toward Trauma Assumed Care**

1:15 PM

Cory Johnson, MEd, BCBA, LBA
Glenwood, Inc.

**Using Genes to Guide Better Care:
The Role of Genomic Medicine in
Adult with IDD**

3:00 PM

Dr. Pongtawat Lertwilaiwittaya, PhD
The University of Alabama-Birmingham